

DQ #3 Hosted by Preston Gymnastics



February 10, 2024

Session 1	Level 3	Format: 3&3 Cap Cup 48 gymnasts
	Registration	11:40 AM
	Open Warm-up.....	11:40 AM
	Timed Warm-up.....	12:00 PM
	Presentation of Teams.....	12:08 PM
	Awards.....	3:00 PM
Session 2	Level 4	Format: 3&3 Cap Cup 41 gymnasts
	Registration	3:30 PM
	Open Warm-up.....	3:30 PM
	Timed Warm-up.....	3:50 PM
	Presentation of Teams.....	3:57 PM
	Awards.....	5:56 PM
Session 3	Level 5,6,7, PL	Format: Mod Cap Cup 30 gymnasts
	Registration	6:30 PM
	Open Warm-up.....	6:30 PM
	Timed Warm-up.....	6:50 PM
	Presentation of Teams.....	7:00 PM
	Awards.....	9:30 PM

Admission(Cash Only- exact change is appreciated)

Adults age 14 and older - \$12.00 Children ages 6 to 13 - \$10.00 Children under 5 - no charge

Reminder our gym has stairs for entry. No stroller or ramp access. We will be offering light concessions.

